



SIX MODERN MONOLOGUES FOR TEENS

By Luke Harriott

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BIG AND BEAUTIFUL

Alex

When I speak out about fat shaming, I'm told to just lose weight. For starters not everyone can lose weight nor should we have to. Also if we go to the gym we shouldn't be made to feel insecure or seen as another "fatty trying to get thin".

I love my body and don't care if nobody else does. We should all love our bodies. We should be able to wear what we want, without feeling insecure. We should be able to walk down the street without people yelling abuse at us. I stand here big and beautiful.